

BACK IN YOUR ARMS AGAIN

February 15, 1997

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RECORD: Back In Your Arms Again; BNA 64353-7 FLIP OF: My Favorite Things
Artist: Lorrie Morgan TIME @ SPEED: 3:43 @ 45 rpm
FOOTWORK: Opposite unless noted (Woman's footwork in parentheses)
RHYTHM: Triple Jive ROUNDALAB PHASE: IV + 2 (Chasse Rolls, Whip Throwaway)
SEQUENCE: Intro-AB-Inter-ABC-B-B(Meas 1-6)-Ending

INTRO

MEAS
1-4 [SCP/LOD] WAIT:: CHASSE ROLLS [LHOP/RL0D]::
1-2 Wait 2 meas;;
3-4 Rk bk L, rec R to fc ptr, sd L/cl R, sd & bk L trng 1/2 RF; Sd R/cl L, sd & fwd R trng 1/2 RF, sd L/cl R, sd & bk L trng 1/4 to LHOP/RL0D;
5-8 CHASSE ROLLS [LOP/FCG/WL]::
5-6 Bk R, rec L to fc, sd R/cl L, sd & bk R trng 1/2 LF; Sd L/cl R, sd & fwd L trng 1/2 LF to LOP/FCG/WL, sd R/cl L, sd R;

PART A

1-4 LINK RK JIVE WALKS:: SWIVEL 4:
1-2 [Link Rock] Rk apt L, rec R to CP/WL, sd L/cl R, sd L; Sd R/cl L, sd R, [Jive Walks] blending to SCP/LOD bk L, rec R;
3-4 Fwd L/R, fwd L, fwd R/L, fwd R; [Swivel 4] Fwd L, fwd R, fwd L, fwd R;
5-8 THROWAWAY: SHLDR SHOVE [R HND SHAKE] START TRIPLE WHEEL 5::
5-6 [Throwaway] SCP/LOD Fwd L/cl R, fwd L trng LF to fc LOD, sd R/cl L, sd R (W fwd R/cl L, fwd R trng LF to fc RLOD, bk L/cl R, bk & sd L) to LOP/FCG/LOD; [Shldr Shove] Bk L, rec R trng 1/4 RF, sd L/cl R, sd L bringing M's L & W's R shldr tog & trn LF to fc ptr;
7-8 Bk R/cl L, bk R to R HND SHAKE/LOD, [Triple Wheel 5] Bk L, rec R wheeling RF trn in twd ptr; Sd L/cl R, sd & fwd L trng away from ptr, cont RF wheel sd R/cl L, sd & fwd R trng in twd ptr;
9-14 FINISH TRIPLE WHEEL 5 [LOP/FCG/COH]:: CHG HND BEH BK [LOP/FCG/WL] RK APT REC:: 2 SAILOR SHUFFLES [R HND SHAKE]::
9-10 Cont RF wheel sd L/cl R, sd & fwd L trng away from ptr, cont RF wheel sd R/cl L, sd & fwd R trng in twd ptr; Cont RF wheel sd L/cl R, sd & fwd L trng away from ptr (W sd R/cl L, sd R spinning RF to fc ptr), sd R/cl L, sd R to LOP/FCG/COH;
Note: When M trns in twd ptr he tohs W's bk with his L hnd. When M trns away from ptr W tohs M's bk with her L hnd.
11-12 [Chg Hnds Beh Bk] Bk L, rec R, fwd L/cl R placing W's R hnd in M's R hnd beh M's bk, fwd L placing W's R hnd bk in M's L hnd beh M's bk & trng LF 1/2 to LOP/FCG/WL; Sd R/cl L, sd R, [Rk Apt Rec] bk L, rec R;
13-14 [2 Sailor Shuffles] XLIBR/sd R, sd L, XRIBL/sd L, sd R; XLIBR/sd R, sd L, XRIBL/sd L, sd R to R hnds joined;

PART B

1-4 MIAMI SPL CHG L TO R [LOP/FCG/LOD]:: START CHG HND BEH BK:
1-2 [Miami Spl] HND SHAKE/WL Bk L, rec R, fwd L/R, fwd L trng RF 3/4 (W bk R, rec L, fwd R/L, fwd R trng LF 3/4 under joined R hnds) putting joined R hnds over M's head & resting them behind M's neck; Sd R/cl L, sd R sliding W's R hnd down M's L arm to end LOP/LOD, [Chg L to R] blending to LOP/FCG/COH bk L, rec R twd W's R sd raising joined lead hnds;
3-4 Fwd L/cl R, in plc L trng 1/4 RF (W fwd R/cl L, fwd R trng 3/4 LF under lead hnds) to end LOP/FCG/LOD, sd R/cl L, sd R; [Chg Hnds Beh Bk] Repeat Meas 11
PART A;

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5-8 FINISH CHG HND BEH BK CHG L TO R:: LINK TO WHIP THROWAWAY::
5-6 [Finish Chg Hnds Beh Bk] Sd R/cl L, sd R to LOP/FCG/RL0D, [Chg L To R] Repeat Meas 2-beats 3 & 4 and Meas 3 PART B to end LOP/FCG/COH;;
7-8 [Link To Whip Throwaway] Bk L, rec R starting RF trn in loose CP, sd L/cl R, sd L to loose CP/WL; XRIBL trng RF, sd L to fc COH, sd R/cl L, sd R (W fwd L trng RF, fwd R cont RF trn, sd & bk L/R, sd & bk L) to end R/R HND SHAKE/FCG/COH;
9-12 MIAMI SPL CHG L TO R [LOP/FCG/RL0D]:: START CHG HND BEH BK:
9-12 Repeat Meas 1-4 PART B fcg opposite directions;;;
13-16 FINISH CHG HND BEH BK CHG L TO R:: LINK TO WHIP THROWAWAY [LOP/FCG/WL]::
13-16 Repeat Meas 5-8 PART B to end fcg WL::;

INTER

1-4 PRETZEL TRN [LOP/FCG/WL]:: RK APT REC HEEL/BALL CHG:
1-2 [Pretzel Trn] Bk L, rec R to CP/WL, sd L/cl R, sd L trng 1/2 RF (W trn LF) keeping lead hnds joined beh bk at waist; Sd R/cl L, sd R trng 1/4 to fc LOD with lead hnds still joined, fwd L to LOD, rec R to bk to bk pos;
3-4 To RLOD sd L/cl R, sd L trng LF 1/2 to LOP/FCG/WL, sd R/cl L, sd R; [Rk Apt Rec Heel/Ball Chg] Bk L, rec R, tch L heel fwd/in plc on ball of L, in plc R;

PART C

1-4 CHASSE ROLLS L & R::
1-4 Repeat Meas 3-6 of INTRO;;;
5-8 PRETZEL TRN:: RK APT REC HEEL/BALL CHG [R/R HND SHAKE/WL]:
5-8 Repeat Meas 1-4 of INTER;;;

ENDING

1-3 LINK ROCK [SCP/LOD] RK BK REC:: PT LOD:
1-3 [Link Rock Rk Bk Rec] Repeat Meas 1-2 PART A;; [Pt LOD] Pt L to LOD & hold;



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